EXTREME EDGE

NEWSLETTER



Summer is coming!! But why does it look so different? When planning summer scheduling, we prepare for out-of-school availability, vacations, and out-of-town skaters participating in our club fun! With more availability, summer skating camps provide your skater with the opportunity to **progress at an accelerated** pace. We're very excited to see what this summer will bring, and how we can carry it forward into Fall 2024. Bonus: It's a **great community** to enjoy your summer with!! #achievinggoals #makingfriends

Dates At A Glance:

May 14th - First Day Back! Please Check Schedule
June TBD - Spring Pop Concert
June 29th - Last Day Of Spring
June 30th to July 3rd - Long Weekend. No Skating
July 4th - First Day Of Summer
July 27th - Skate Fest. Jr Prep to Star 4. 6-8 PM
Aug 4th to 6th Wildrose Invitational

New Coaches

We're getting ready for summer and to help better support our Jr Prep program, we have Coach Jaeda coming on board! Jaeda has been with Extreme at a grassroots level for 8 years. She'll be with us 2x a week all summer!

Foot Care Kit For Skaters

- bandaids
- moleskin
- flat makeup sponges
- pro-wrap
- hand sanitizer

Packing A Skate Bag

Prepping for a half day of training, it's important for skaters to be prepared for skating and off-ice training. Items you'll like to include are:

layered clothing (shorts, leggings, t-shirts, long-sleeved shirts, vest, runners, hat)

sunscreen
bug spray
water bottle
lunch box
hair ties/hair brush
extra skating outfit
skate spinner

ballet shoes

foot care kit

Happy Birthday...

Visit our **FOR PARENTS** page on our website. Notice info missing? Let us know!



